



# The Congressional Award

The Congressional Award is the highest Congressional honor for America's youth. It is a public-private partnership created by the United States Congress to promote and recognize achievement, initiative, and service in America's young people.

The Congressional Award is unique, as it provides a structure for young Americans to learn the value of service, personal development, fitness, and citizenship through character forming experiences that shape tomorrow's leaders and our country's future.



A young person is not selected to receive the Congressional Award - they earn it. The Congressional Award is open equally to all between the ages of 14 to 24. Participants may register at 13 1/2. To earn a Congressional Award, participants must complete self-selected goals and activities in each of the four program areas: Voluntary Public Service, Personal Development, Physical Fitness, and Expedition or Exploration.

Participants can earn:

Bronze, Silver, or Gold Congressional Certificate  
Bronze, Silver, or Gold Congressional Medal

Members of the U.S House of Representatives and U.S Senate recognize their constituents who earn Bronze and Silver Congressional Award Medals at local, district, or statewide ceremonies.

The Congressional Award Gold Medal Ceremony is held annually in the U.S Capitol and is presided over by the leadership of the House and Senate.



## Get Started:

Register and learn more at [www.congressionalaward.org](http://www.congressionalaward.org)

Contact: [information@congressionalaward.org](mailto:information@congressionalaward.org)



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